



# 4H/FFA HOME ECONOMICS



## DEPARTMENT 4H/FFA HOME ECONOMICS

Home Economics is located in the Expo Building (#4 on map in back of fair book)



**LINDA STEWART, Superintendent**

**MARCIA BURNS, Assistant Superintendent**

### SCHEDULE OF EVENTS

**Wednesday, August 1– 4:30 p.m.**

Entry registrations due. Submit online at [www.nwmfair.com](http://www.nwmfair.com)

**Monday, August 13**

9:00 a.m.–9:00 p.m.– Exhibits accepted in the Expo Building

**Tuesday, August 14**

8:30 a.m. – Judging

**Sunday, August 19**

6:00 p.m.– Exhibits released

### DEPARTMENT RULES

All articles must be the work of the 4-H club member exhibiting during the current 4-H club year.

Club members may exhibit only in the project/unit in which they are currently enrolled.

All 4-H exhibits will be judged on the Danish system. Group will be designated by colored ribbon placing. First group, Blue; second group, Red; third group, White. Exhibits which do not qualify or are below standard will not receive ribbon award ratings.

All exhibitors must have age on same line as class number on entry tag. Age as of October 1, 2017.

### DIVISION 2200 – 4-H CLUB SEWING PROJECTS

To exhibit in this section you must be currently enrolled in one skill level on the sewing and textiles project. Exhibit up to 4 items per level. List number of years in project on entry tag. Exhibits will be judged on quality of construction, workmanship, appearance and functionality. For original designs, include your pattern design. You may be eligible for special awards based on quality workmanship. We strongly suggest pattern guides accompany garment to avoid misunderstanding of judging method.

**(Awards per class: Blue = \$3.00; Red = \$2.00; White = \$1.00)**

### LEVEL 1 – EXPLORING SEWING

#### Class

1. Sewing kit or box
2. Patchwork pillow
3. Hair scrunchie/head band
4. Simple apron
5. Simple gathered skirt
6. Simple tote bag, lunch bag or book bag
7. Item of clothing that you have “recycled” into something new.
8. Exhibit or poster display (equipment, parts of a sewing machine, cost comparisons, how to read a pattern, laundry, serger threads or other related learning from Level 1)
9. Item made from a pattern
10. Any other item

**CHAMPION LEVEL 1 SEWING.....Award**  
Courtesy Glacier Quilts, Susan Gilman

**RESERVE CHAMPION LEVEL 1 SEWING.....Award**  
Courtesy Half Moon Highlander 4-H Club

### LEVEL 2 – EXPLORING SEWING

#### Class

11. Simple Shirt
12. Simple Dress
13. Simple Shorts
14. Simple Pants
15. Original design item
16. Item made from a pattern
17. Item of clothing that you have “recycled” into something new
18. Exhibit or poster display (equipment, cost comparisons, how to read a pattern, laundry, serger threads or other related learning from Level 2)
19. Any other item

**CHAMPION LEVEL 2 SEWING .....Gift Certificate**  
Courtesy Quilt Gallery, Joan Hodgeboom

**RESERVE CHAMPION LEVEL 2 SEWING .....Gift Certificate**  
Courtesy Sue Gilman, Glacier Quilts

### LEVEL 3 - ADVANCED SEWING SKILLS

#### Class

20. Decorative serger sampler
21. Pair of mittens
22. Item of clothing that you have “recycled” into something new
23. Display of results from dyeing fabric
24. Cape
25. Backpack
26. Duffel bag
27. Fanny pack
28. Ski or snowboard bag
29. Item made from polar fleece
30. Original design item
31. Item made from a pattern
32. Exhibit or poster display (equipment, cost comparisons, how to read a pattern, laundry, serger threads or other related learning activity from Level 3)
33. Educational display related to some activity in Level 3
34. Any other item

**CHAMPION, LEVEL 3 SEWING ..... Award**  
Courtesy of Linda Bolstad, Mary Kay Cosmetics

**RESERVE CHAMPION, LEVEL 3 SEWING ..... Award**  
Courtesy of CJ's House of Style

### SEWING EXHIBITS FOR INDEPENDENT STUDY

#### Class

35. Educational display
36. Any other item

### KNITTING

1st & 2nd year in project = Beginner; 3rd year or more = Advanced

Class	Blue	Red	White
41. Beginner -You may exhibit up to 4 unlike articles of your choice using the skills learned in the project	\$2.00	\$1.50	\$1.00

Class	Blue	Red	White
42. Advanced -You may exhibit up to 4 unlike articles of your choice using the skills learned in this project	\$3.00	\$2.50	\$2.00



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## CROCHET

(1st & 2nd year in project = Beginner; 3rd year or more = Advanced)

**Class** Blue = \$2.00; Red = \$1.50; White = \$1.00

45. Beginner -You may exhibit up to 4 unlike articles of your choice using the skills learned in this project

**Class** Blue = \$3.00; Red = \$2.50; White = \$2.00

46. Advanced -You may exhibit up to 4 unlike articles of your choice using the skills learned in this project

## EMBROIDERY

(1st & 2nd year in project = Beginner; 3rd year or more = Advanced.)

**Class** Blue = \$2.00; Red = \$1.50; White = \$1.00

49. Beginner-You may exhibit up to 4 unlike articles of your choice using the skills learned in this project

**Class** Blue = \$3.00; Red = \$2.50; White = \$2.00

50. Advanced -You may exhibit up to 4 unlike articles of your choice using the skills learned in this project.

- BEST OF SHOW KNITTING** .....Award  
Courtesy of Glacier Quilts, Susan Gilman
- BEST OF SHOW CROCHETING** .....Award  
Courtesy of Flathead Homemakers
- BEST OF SHOW EMBROIDERY** .....Award  
Courtesy of Glacier Quilts, Susan Gilman
- BEST OF SHOW IN HANDWORK** .....Award  
Courtesy of Susan Schmidt

## OTHER HANDWORK

(Latch Hook, Tatting, Rug Hooking)

<b>Class</b>	<u>Blue</u>	<u>Red</u>	<u>White</u>
51. Any other handwork item	\$3.00	\$2.50	\$2.00

## QUILTING, PATCHWORK & APPLIQUE

(1st & 2nd year in project is Beginner; 3rd year & over is Advanced)

**Class** Blue = \$3.00; Red = \$2.50; White = \$2.00

53. Beginner – You may exhibit up to 4 unlike articles of your choice using skills learned in this project.

54. Advanced – You may exhibit up to 4 unlike articles of your choice using skills learned in this project.

## SEWING FOR ANIMALS

Exhibitor can be enrolled in any 4-H Sewing Project. All exhibits must be clean. One sewn item per level.

**Class** Blue = \$3.00; Red = \$2.50; White = \$2.00

- 55. Sewn item for an animal, Jr. Division (age 13 & under)
- 56. Sewn item for an animal, Sr. Division (age 14 & over)

- QUILTING BEST OF SHOW BEGINNING SENIOR** ..... Gift Certificate  
Courtesy of the Quilt Gallery, Joan Hodgeboom
- QUILTING BEST OF SHOW ADVANCED SENIOR**..... Gift Certificate  
Courtesy of Glacier Quilts, Susan Gilman
- QUILTING BEST OF SHOW BEGINNING JUNIOR**..... Cash Award
- QUILTING BEST OF SHOW ADVANCED JUNIOR**..... Cash Award  
Both courtesy of the Bill & Linda Stewart
- BEST ITEM MADE WITH WOOL** .....Award  
Courtesy of Camas Creek Yam

## DIVISION 2210 – 4H CLUB FOODS

Place all baked foods on paper plates; attach recipe to paper plate, and INSERT PLATE IN PLASTIC BAG. Place exhibit tag on outside.

All baked food MUST be accompanied by the recipe. **No-bake cookies cannot be exhibited at the Fair.**

Members must be enrolled in the unit in which they are exhibiting.

Exhibit up to 4 items per level.

(Awards per class: Blue = \$2.00; Red = \$1.50; White = \$1.00)

## COOKING 101

**Class**

1. Bars from scratch (4)
2. Peanut Butter cookies (4)
3. Drop or roll biscuits (4)
4. Place setting
5. Corn bread, 1/2 pan
6. Hot chocolate mix (1 cup in container)
7. Lunch Box
8. Recipe Box (10 recipes that you have tried)
9. Snack Mix
10. Other

## COOKING 201

**Class**

13. Snickerdoodles (4)
14. Brownies (4)
15. Granola Bars (4)
16. Breadsticks (4)
17. Educational poster
18. Candy
19. Oatmeal Muffins (4)
20. Recipe Box (15 recipes that you have tried)
21. Turnovers, fruit filled (4)
22. Other

## COOKING 301

**Class**

25. Filled cookies (4)
26. Brownies (4)
27. Breads, yeast 1/2 loaf
28. Educational poster
29. Oatmeal cake, 1/2 cake
30. Candy
31. Recipe Box (15 main dish recipes you have tried)
32. Salad dressing, 1 cup
33. Turnovers, fruit filled (4)
34. Other

## BAKING 101

**Class**

40. Bars from scratch (4)
41. Cookies (4)
42. Rolled biscuits (4)
43. Quick bread
44. Cupcakes (4)
45. Muffins (4)
46. Educational poster
47. Recipe Box (10 recipes that you have tried)
48. Other

## BAKING 201

**Class**

55. Quick bread
56. Scones (4)
57. Coffee cake, 1/2 cake
58. Turnovers, fruit filled (4)
59. Gingerbread, 1/2 pan
60. Dinner rolls (4)
61. Bread, yeast (1/2 loaf)
62. Animal shaped bread
63. Breadsticks (4)
64. Other



BAKING 301

Class

- 70. Angel food cake, 1/2 cake
71. Cinnamon rolls (4)
72. Hot Cross buns (4)
73. Yeast or cake donuts (4)
74. Swedish Tea ring
75. Soft pretzel (4)
76. Breadsticks (4)
77. Recipe Box (15 recipes you have tried)
78. Pie (full-size, whole, fruit or cream, double or single crust)
79. Turnovers, fruit filled (4)
80. Other

PARTY PLANNER

Class

Table with columns: Blue, Red, White and values: \$3.00, \$2.00, \$1.00

- 85. Prepare a scrapbook following the "Plan a Party" guide outline in the project manual. Make your descriptions and explanation thorough but as brief as possible. Include samples, party favors and pictures where available. No food samples, please.

UP FOR THE CHALLENGE HEALTHY DECISIONS

Class

Table with columns: Blue, Red, White and values: \$3.00, \$2.00, \$1.00 for items 86-91

- 86. Chart of daily activity for one
87. Chart of drink consumption for 2 days
88. Chart of Label Lingo
89. Chart of whoa, slow and go snack food
90. Chart of Steps
91. Chart of Screen Time

CANNING

Open to members enrolled in ANY food unit and/or gardening project. Entries may be produce of current or previous year that hasn't been entered before. All canning exhibits must be in standard canning jars and must be labeled: typewritten or plainly printed with date filled in, name of product and class number. State on label of fruits, vegetables, meats, jams, jellies and pickles the method of processing used (pressure canner or water bath. A pressure canner must be used for non-acid vegetables and meat canning). One-piece lids used on canning products are not acceptable for fair exhibits. The judge will disqualify exhibits that use these lids.

Dehydrated foods should be in a pint jar and should equal about 1 cup of food. Paraffin jellies or jams & jellies that are not water-bathed will not be accepted. You may exhibit as many UNLIKE jars of the following home-canned or home-dried items as you wish.

Class

Table with columns: Blue, Red, White and values: \$3.00, \$2.00, \$1.00 for items 95-104

- 95. Vegetables
96. Fruits
97. Pickles or Relish
98. Jam
99. Jelly
100. Fish
101. Chicken or Meat
102. Dried Fruit
103. Dried Vegetables
104. Foods Independent Study. Display including goals and accomplishments with appropriate display of foods.

ANY OTHER

Open to members enrolled in any food unit; however, any entry in this class may not have been previously entered in any other class.

(Awards per class: Blue = \$3.00; Red = \$2.00; White = \$1.00)

Class

- 105. Recipe Box or Book, with 15 recipes you have tried
106. Candy (cooked using boiling stage)
107. Candy, non-cooked
108. Sponge Cake or Angel Food, from scratch
109. Yeast or Cake Doughnuts
110. Filled Cookies
111. Pie or Fruit Turnovers
112. Double Crusted Pie (1 slice)
113. Muffins
114. Novelty Bread (bagels, crackers, pita bread, etc.)
115. Quick Breads (1/2 loaf)
116. Sweet Bread or Rolls
117. Popcorn Balls, with syrup
118. Lunch Box (Include a well-balanced meal to pack in a lunch box for school or work using the basic 4 food groups with a variety of color and texture and attractively arranged. Flavor or taste will not be judged. Display on a large paper plate. May use an empty 1/2 pint milk carton as part of display. Include a summary of what is in the lunch and how it uses the basic 4 concept.)
119. Breakfast Tray
120. Any other

AWARDS

- BEST COOKING 101 ENTRY .....Award
Courtesy of B & F Livestock 4-H Club
BEST OF SHOW MUFFIN .....Award
Courtesy of Swan River 4-H Club
BEST OF SHOW CAKE (from scratch) ..... Award
Courtesy of Rowdy Ropers 4-H Club
BEST OF SHOW BISCUIT..... Award
Courtesy of Heather Olson
BEST OF SHOW COOKIE..... Award
Courtesy of Flathead Homemaker's
BEST OF SHOW BANANA BREAD..... Award
Courtesy of Swan River 4-H Club
BEST OF SHOW QUICK BREAD (Other than banana bread).... Award
Courtesy of Flathead Homemaker's
BEST OF SHOW DOUBLE CRUSTED PIE, SLICE ..... Award
Courtesy of Rowdy Ropers 4-H Club
BEST OF SHOW CANDY ..... Award
Courtesy of Half Moon Highlanders 4-H Club
BEST OF SHOW LOAF OF BREAD ..... Award
Courtesy of Gerald & Sherry Madsen
BEST WHOLE WHEAT FLOUR YEAST BREAD ..... Award
Courtesy of Heather Olson
MOST BLUE RIBBONS IN CANNED..... Award
Courtesy of Montana Logging Association
BEST OF SHOW JAM ..... Award
BEST OF SHOW PICKLES..... Award
BEST OF SHOW CANNED FRUIT ..... Award
All of the above courtesy of Gerald & Sherry Madsen
MOST BLUE RIBBONS IN FOODS ..... Award
Courtesy of Montana Logging Association



(Awards per class: Blue = \$3.00; Red = \$2.00; White = \$1.00)

**DIVISION 2220 – 4H HOME ENVIRONMENT**  
(Exhibit up to 4 items per section)

Class

1. Display of an item or description of project completed in The Basic Touch: designing walls, windows and floors.
2. Display of an item or description of a project completed in The Distinctive Touch: furniture, fabrics, and storage.
3. Display of an item or description of project completed in The Finishing Touch: accessorizing your room.
4. Display of an item or description of project completed in The Environmental Touch.

**DIVISION 2230 – CHILD DEVELOPMENT**  
(Exhibit up to 4 items per section)

**CHILD DEVELOPMENT LEVELS 1–3**

Class

1. Child Development Notebook -explain and illustrate (with pictures) what your project goals were and how you accomplished them.
2. Exhibit an item you made as part of your project.

**BABYSITTING**

Class

3. Create and display a Babysitter's Magic Bag
4. Display a Family File and Job Log
5. Display Parent/Guardian Survey's
6. Display or Poster about babysitting safety, poisonous products or choking
7. Display or Poster about first aid
8. Create a Boo Boo Bunny
9. Display or Poster about ages and stages of children
10. Display or Poster about food and nutrition of children
11. Display or Poster of babysitting business card and fliers or other marketing pieces

AWARDS

**BEST EXHIBIT IN CHILD DEVELOPMENT/BABYSITTING ..... Award**

**BEST EXHIBIT IN HOME ENVIRONMENT ..... Award**

**Both courtesy of Flathead Homemakers**